

Draft Barnet Joint Health and Wellbeing Strategy 2021-2025: Creating a borough of health together!

Presented by: Sharon Smith, Public Health Strategist, CYP Team

Oliver Taylor, Health In All Polices Officer

Introduction

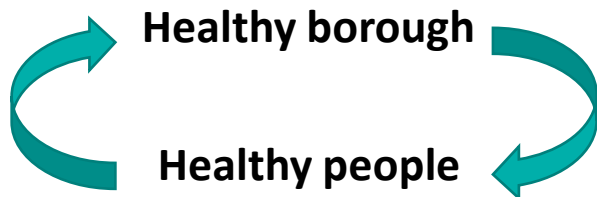
- The Barnet Draft Joint and Wellbeing Strategy 2021-25 is our system-wide vision for improving the health and wellbeing of the people who live, study and work in Barnet.
- Over the next four years, the Health and Wellbeing Board (HWBB) will focus on three Key Areas to drive integrated improvements to health and wellbeing in the borough.
- These Key Areas are:
 1. Creating a healthier place and resilient communities
 2. Starting, living and ageing well
 3. Ensuring delivery of coordinated holistic care, when we need it

COVID-19 and our strategy

- The long-term impact of the pandemic will likely extend beyond the four-year scope of this strategy.
- We will continue to respond to the COVID-19 pandemic. But we will also use the capacity and resilience of our systems and partnerships to support the borough to recover, restore and thrive.
- The COVID-19 pandemic has highlighted further existing public health challenges and disparities in health and wellbeing.
- Therefore, our vision has been reinforced and by working together with local residents and partners, we can continue to make positive differences to everyone's wellbeing in Barnet.

Our vision

- A healthy borough makes healthy people. It is where the environment around us supports and promotes our health and wellbeing.
- In a healthy borough, everyone has access to a good education and can experience good and secure housing and employment. High quality health and social care is available for anyone when they need it.
- A healthy borough works well with their communities, reaches out to the most vulnerable and gives everyone opportunities to thrive. With healthier and happier residents, communities are strengthened to support each other, and the local culture and economy flourishes.



Our five guiding principles

1. Making health everyone's business

We will ensure health is everyone's business, not just for agencies primarily concerned with health and wellbeing, but also for those that works to improve wider determinants of health

2. Collaborative partnership

We will work in collaborative partnership across organisational boundaries and learn from different viewpoints across the whole system. We will focus on the areas where collaborative work makes the most difference and HWBB can add the most value.

3. Considering everyone's needs across the life course

We will consider needs of all parts of the population in all that we do. This includes children and young people and people with complex needs such as mental health issues and learning disabilities

4. Co-design approach

We will champion a co-design approach to resolve our challenges, making sure Barnet residents' needs are met and resulting services are practical and sustainable.

5. Evidence-based decisions

We will use robust evidence base to inform our decisions, ensuring that our investment creates maximum value for money and our resources are distributed equitably.

Key Area 1: Creating a healthier place and resilient communities

- This Key Area is about our place-based approach and our work on areas such as air quality, community safety, food environments and the built environment. It includes the projects that we should look at to make Barnet a healthier place for all.
- Our commitments for this Key Area:

Integrate healthier places in all policies

We will ensure that all of our policies and strategies across the system include specific actions on improving health and health equity through creating good housing, employment opportunities, active travel links and other economic and commercial conditions in Barnet .

Create a healthier environment

We will create healthier choices locally with a focus on improving access to clean air, water and healthy food

Strengthen community capacity and secure investment to deliver healthier places

We will facilitate networking and capacity building between local communities and promote safety and cohesion while preventing violence and crime

Key Area 2: Starting, Living and Ageing Well

- This Key Area is about supporting people across the whole life course. It includes priorities that enables us to prevent diseases at key stages of life from pre-conception, pregnancy, infancy, childhood, through to adulthood.
- Our commitments for this Key Area:

Improve children's life chances

We will improve children's life chances by supporting their health and wellbeing from very early age and through to their transition into adulthood

Support a healthier workforce

We will invest time and resources to ensure our workforce is supported to be healthy, happy and productive at work

Get everyone moving

We will improve choices for physical activities locally for all ages and abilities, and ensure residents know how to access it

Promote mental health and wellbeing

We will promote good mental and emotional health across all ages and different communities and work together to prevent severe mental illness and suicide

Prevent long term conditions

We will work with communities to understand what support can be offered to reduce risks of developing long term conditions and recognise early signs and symptoms

Key Area 3: Ensuring delivery of coordinated holistic care, when we need it

- This Key Area is about how we integrate health and social care and support those with complex needs. It sets out our priorities to ensure that those who need it receive excellent care and have a health care system that works for them.
- Our commitments for this Key Area:

Support digital transformation of services

We will create circumstances where access to digital care can be easy for all who need it

Enable carers health and wellbeing

We will support care staff and informal carers to look after their health and wellbeing

Deliver population health integrated care

We will work together to ensure the Barnet Integrated Care Partnership is centred around resident's need, aims to reduce health inequalities, promotes good physical and mental health and enables seamless access to health and care services across the life course

Focus on children and young people

- Across the life course from perinatal, early years, school life and through transitioning to adulthood
- UN Convention on the Rights of the Child (UNCRC)
- CYP COVID-19 Health Impact Assessment drawing on information fed in by young people
- Continue working with partners from across the system of children's services so that we can work toward integrating services better for the benefit of CYP and their families.

CYP focussed actions include:

- Perinatal support
- Healthy start, Infant feeding
- Access to adequate and healthy food.
- Support health and physical activity Including active travel
- Develop a healthy weight management strategy that support schools promote a healthy environment
- Mental/emotional wellbeing and resilience
- Oral Health
- Vaccination and immunisation
- Period poverty and hygiene

Our next steps

- Continue to prepare a final strategy document and integrate feedback from partners and public consultation
- Consult with the public and young people on our draft strategy during a six-week consultation period ending 12 March 2021:

[Draft Joint Health and Wellbeing Strategy 2021-2025 | Engage Barnet.](#)

- Detailed feedback by 08 March to be sent to:
HealthandWellbeingStrategy@barnet.gov.uk
- Finalise the strategy document and present to HWBB for approval
April 2021